

# GASCOIGNE PRIMARY SCHOOL WEEK 1



Fresh Drinking Water,  
Seasonal Fresh Fruit,  
Low Fat Yogurts,  
Fresh Baked Bread,  
Locally sourced  
Seasonal Salad Bar

30/10 - 13/11 - 27/11 - 11/12 - 8/1 - 22/1 - 5/2 - 26/2 - 11/3 - 25/3

**MEAT  
FREE**

**MONDAY**

Burger in a Bun  
Halal Burger in a Bun  
Vegetarian Burger in a Bun  
Skin on Wedges

Corn on the Cob or Coleslaw

Jacket Potato with  
Tuna or Coleslaw

Ham or Cheese Roll

Seasonal Fresh Fruit  
Fruit Cookie

**TUESDAY**

BBQ Chicken Wrap  
Halal BBQ Chicken Wrap  
Vegetable Chilli Con Carne\*  
Rice

Peas or Carrots

Jacket Potato with  
Cheese or Baked Beans

Ham or Cheese Roll

Seasonal Fresh Fruit  
Brownie with Custard

**WEDNESDAY**

Cheese & Tomato Pizza  
Tomato & Basil Pasta Bake  
Garlic Bread

Sweetcorn or Coleslaw

Jacket Potato with  
Cheese or Coleslaw

Salmon or Cheese Roll

Seasonal Fresh Fruit  
Raspberry Fruit Jelly

**THURSDAY**

Roast Chicken  
Halal Roast Chicken  
Winter Vegetable Pie  
Roast Potatoes  
Yorkshire Pudding & Gravy  
Carrots or Swede

Jacket Potato with  
Tuna or Cheese

Egg or Cheese Roll

Selection of Fresh Fruit  
Fruit Cocktail

**FRUITY  
THURSDAY**

**FRIDAY**

Fish Fingers  
Cheese & Tomato Flan  
Oven Baked Chips

Peas or Baked Beans

Jacket Potato with  
Cheese or Baked Beans

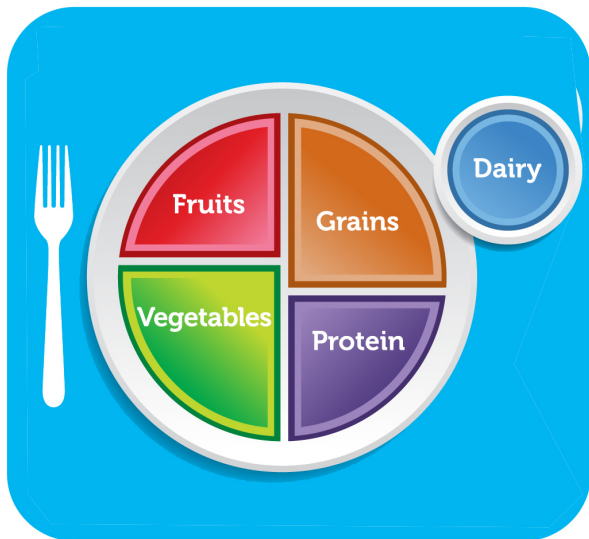
Chicken / Halal Chicken  
or Cheese Roll

Seasonal Fresh Fruit  
Iced Vanilla Sponge  
with Custard



\*Also Available as a Potato Filling  
**Vegetarian / Vegan**  
All Homemade desserts contain organic flour/free range eggs/fair trade sugar/ and are 33% reduced sugar.  
All of our menus are served with at least two varieties of seasonal Vegetables or Salad.

# GASCOIGNE PRIMARY SCHOOL WEEK 2



Fresh Drinking Water,  
Seasonal Fresh Fruit,  
Low Fat Yogurts,  
Fresh Baked Bread,  
Locally sourced  
Seasonal Salad Bar

6/11 - 20/11 - 4/12 - 18/12 - 4/1 - 15/1 - 29/1 - 12/2 - 4/3 - 18/3

MEAT  
FREE

## MONDAY

Sausage & Mash  
Halal Sausage & Mash  
Vegetarian Sausage & Mash  
Gravy

Peas

Jacket Potato with  
Tuna or Coleslaw

Ham or Cheese Roll

Seasonal Fresh Fruit  
Frozen Smoothie

## TUESDAY

Chicken Tikka   
Halal Chicken Tikka   
Vegetable Tikka\*  
Savoury Rice

Broccoli or Carrots

Jacket Potato with  
Cheese or Baked Beans

Ham or Cheese Roll

Seasonal Fresh Fruit  
Banana & Caramel Cake  
with Custard

## WEDNESDAY

Cheese & Tomato Pizza  
Roasted Vegetable Chimichanga  
Garlic Bread

Sweetcorn or Coleslaw

Jacket Potato with  
Cheese or Tuna

Tuna or Cheese Roll

Seasonal Fresh Fruit  
Strawberry Fruit Jelly

## THURSDAY

Roast Chicken   
Halal Roast Chicken   
Vegetable Pasty  
Roast Potatoes   
Yorkshire Pudding & Gravy  
Carrots or Swede

Jacket Potato with  
Cheese or Coleslaw

Egg or Cheese Roll

Seasonal Fresh Fruit  
Fruit Cocktail

FRUITY  
THURSDAY

## FRIDAY

Fish Fingers  
Vegan Sausage Roll  
Oven Baked Chips

Peas or Baked Beans

Jacket Potato with  
Cheese or Baked Beans

Chicken / Halal Chicken  
or Cheese Roll

Seasonal Fresh Fruit  
Chocolate Sponge with  
Chocolate Sauce