



Forthcoming Courses

Strengthening Families Strengthening Communities (13 Weeks) Thursday 16TH January 2025

(9.30-12.30)

Strengthening Families, Strengthening Communities (SFSC) is a 13-week programme for parents of children aged 0-18 years.

(SFSC) is a culturally sensitive parenting programme for parents incorporating positive parenting, enhancing relationships, managing anger, promoting community engagement, child development and emotional well-being.

Triple P Teens Parenting Programme (8 weeks) Thursday 1st May 2025

(10.00-12.00)

An 8-week programme for parents of teenagers (10-16) The programme supports parents to:

- Build a better relationship with your teen
- Keep your child safe
- Reduce conflict
- Be realistic about parenting
- Take care of yourself



Ukon Careers Workshops

1. Coffee Morning - Creative Thinking Part One

- Focus: Using Creative Thinking to Develop Employability Skills Introduction to mask making and face painting.
- Date & Time
- Wednesday, 11th June 2025, 9:00 - 10:00 a.m.

2. Coffee Morning - Creative Thinking Part Two

- Focus: Reinforcing employability skills using mask-making and face-painting techniques.
- Date & Time:
- Wednesday, 18th June 2025, 9:00 - 10:00 a.m.

3. T-Shirt Design Workshop (After School)

Dates & Times:

Thursday, 26th June 2025, 3:20 - 4:20 p.m. (Hall TBC)

- Thursday, 3rd July 2025, 3:20 - 4:20 p.m. (Hall TBC)